NEVE. 1657.

A New Almanack and Prognostication, serving for the yeare of our Lord God and Saviour Jesus Christ, 1657.

Being the first year after the Bissextile or Leap-year.

Wherein is contained a double Kalender, viz. the *Julian* or English Accompt, and the *Gregorian* and Forraigne Computation, with the Change of the Moone, her Full and Quarters, and time of the Eclipses: and other necessary observations, convenient to be noted.

Calculated, and exactly rectified, for the Elevation of the Pole Artick, and Meridian of the ancient and famous City of *Norwich*, and may serve generally for the most part of great BRITAINE.

Practised, penned, and published, by JOHN NEVE, Gent.

Annually continued by the Author, and the fifty seventh time Imprinted

LONDON,
Printed by S. I. for the Company of STATIONERS.

The Contents of this double Kalender for this yea

of our Lord God 1657. being the first after the Bissextile or Leap-yeare, according to the Accompt and Computation of the Church of *ENGLAND*.

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Between Trinity & Advent, are Sundayes		24

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The Anatomy of Mans body, as the parts thereof are governed by the twelve Cœlestiall Signes of the Zodiacke.

♈ Aries, Head and face.

♉ Taurus, Neck and throat.

♋ Cancer, Breast, stomach, and ribs.

♍ Virgo, Bowells and Belly.

♏ Scorpio, Secret members.

♑ Capricorn, The knees.

♊ Gemini, Armes and shoulders.

♌ Leo, Heart and back.

♎ Libra, Raines and loynes.

♐ Sagittarius, The thighes

♒ Aquarius, The legges

♓ Pisces, The feet.

The Characters of the Signes, Planets and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagittarius, ♑ Capricornus, ♒ Aquarius, ♓ Pisces, ♄ Saturne, ♃ Jupiter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☾ Luna, ☌ Conjunction, ⚹ Sextile, □ Quartile, △ Trine, ☍ Opposition, ☊ Caput Draconis, ☋ Cauda Draconis.

January hath xxxi dayes.

If thou be sick and help wouldst have,
The counsell of the Learned crave:
If thou have health, to keepe thou so,
Flie idlenesse as deadly foe.

1	a	New yea. day.	Sag.	25	11	d	
2	b	Octa. of Ste.	Sagit.	27	12	e	
3	c	Octa. of Joh.	Capr.	11	13	f	
4		Octa. of Inn.	Capric.	24	14		New moone the
5	e	Simeon.	Aquar.	[illegible]	[illegible]	a	4 day, 31 min.
6	f	Twelfth day.	Aquar.	18	16	b	aft. 1 of the clock
7	g	Felix.	Pisces	[illegible]	17	c	in the afternoon.
8	a	Lucian.	Pisces	15	18	d	
9	b	[illegible]	Pisces	24	19	e	
10	c	Paul.	Aries	[illegible]	20	f	
11		1 sun. aft. Epi.	Aries	18	[illegible]		First quarter the
12	e	Arthur Mr.	Taur.	[illegible]	[illegible]	a	12 day, about 8 of
13	f	Hilary Bi.	Taur.	[illegible]	23	b	the clock at night.
14	g	Felicia.	Taur.	[illegible]	24	c	
15	a	Maurice.	Gem.	[illegible]	[illegible]	d	
16	b	Marcellus.	Gem.	21	26	e	Full Moone the
17	c	Anthony.	Can.	5	27	f	19 day, about 12
18		2 Sun. aft. Ep.	Cancer	19	28		of the clocke at
19	e	Wolston.	Leo	3	29	a	night.
20	f	Sebastian.	Leo	18	30	b	
21	g	Agnes.	Virgo	3	31	c	
22	a	Vincent.	Virgo	15	1	d	February. 1657
23	b	Terme beg.	Libra	3	2	e	Pur. of Mary.
24	c	Conv. of Pa.	Libra	18	3	f	
25		3. Sun. aft. Ep.	Scor.	2	4		
26	e	Polycar. B.	Scorp.	16	5	a	Last quarter the
27	f	Agnes sec.	Scor.	29	6	b	26 day, 21 min.
28	g	Quinq. Hist.	Sagit.	11	7	c	after 2 of the
29	a	Theodor.	Sagit.	25	8	d	clocke in the af-
30	b	Batild.	Capric.	9	9	e	ternoon.
31	c	Victor.	Capr.	20	10	f	

Be choise of food in any wise,
To keepe thee warm also precise:
Beware no Surgeon let thee blood,
Except the learned thinke it good.

1	D	Brydget Vir	Aquar.	3	11	g	Shrove sunday.	
2	e	urif. of Ma.	Aquar.	15	12	a		
3	f	Crast Pur.	Aquar.	27	13	b	New moone the	
4	g	Gilbert.	Pisces	9	14	c	3 day, 40 min.	
5	a	Agatha virg.	Pisces	21	15	d	aft. 7 of the clock	
6	b	Amandus.	Aries	3	16	e	in the morning.	
7	c	Augule Bi.	Aries	15	17	f		
8	D	Sol in Pisces	Aries	27	18	g		
9	e	Shrove Mun.	Taurus	9	19	a	First quarter the	
10	f	Scholast.	Taurus	21	20	b	11 day. 29 min	
11	g	Euphratius.	Gem.	3	21	c	after 11 of the	
12	a	Quatuor.	Gem.	16	22	d	clock in the fore	
13	b	Maibon.	Gemin.	26	23	e	noon.	
14	c	Valentine.	Cancer	13	24	f	Full moon the	
15	D	1 sun. in Lent.	Canc.	27	25	g	18 day, 19 min.	
16	e	Iuliani vir.	Leo	11	26	a	aft. 9 of the clock	
17	f	Polycron.	Leo	26	27	b	in the forenoon.	
18	g	Ember week.	Virgo	12	28	c		
19	a	Gabine.	Vir.	27	1	d	March. 1657.	
20	b	Wilfred.	Libra	12	2	e		
21	c	69 Martyrs	Libra	27	3	f		
22	D	2 sun. in Lent.	Scorpio	11	4	g		
23	e	Policarpe.	Scorp.	25	5	a		
24	f	Bisserius.	Sagit.	9	6	b	Last quarter the	
25	g	Math. Ap.	Sagit.	22	7	c	25 day, 47 min	
26	a	Porus.	Capric.	5	8	d	after 6 of the clock	
27	b	Augustine.	Capric.	18	9	e	in the morning.	
28	c	Oswalde.	Aqua.	30	10	f		

Now Bleed and Bathe if thou desire,
And Purge also, if need require:
Ill humours doe in many breed,
Provide in time before thou need.

1	D	3 sun. in Lent.	Aquar.	12	11	G		
2	E	Chad bish.	Aquar.	24	12	A		
3	F	Winwine.	Pisces	9	13	B		
4	G	Adrian.	Pisces	18	14	C		
5	A	Eusebius.	Aries	0	15	D	New Moone the	
6	B	Victor.	Aries	12	16	E	5 day, 43 min.	
7	C	Perpetuus.	Tri.	24	17	F	aft. 1 of the clock	
8	D	4 sun. in Lent.	Taurus	6	18	G	in the morning.	
9	E	40 Mart.	Taur.	18	19	A		
10	F	tol in Arles	Gem.	0	20	B	First quarter the	
11	G	Quirion.	Gemin.	12	21	C	13 day, 26 min.	
12	A	Gregory Bi.	Gem.	25	22	D	aft. 1 of the clock	
13	B	Theodote.	Cancer	8	23	E	in the morning.	
14	C	Candide.	Cancer	22	24	F		
15	D	5 sun. in Lent.	Leo	6	25	G	Annun. of Mary	
16	E	Benifacc.	Leo	20	26	A		
17	F		Virgo	5	27	B	Full moone the	
18	G	Edward.	Virgo	20	28	C	19 day, 9 min. af.	
19	A	Joseph.	Libra	5	29	D	6 of the clock in	
20	B	Cuthberd.	Libra	20	30	E	the evening.	
21	C	Benedict.	Scorp.	5	31	F		
22	D	Palme sunday.	Scor.	20	1	G	April. 1657.	
23	E	Theodore.	Sagit.	4	2	A		
24	F	Agapite vir.	Sagit.	18	3	B		
25	G	Annun. of Ma.	Capr.	4	4	C		
26	A	Tassor Pa.	Capr.	14	5	D	Last quarter the	
27	B	Resurrect.	Capr.	27	6	E	26 day, 11 min.	
28	C	Vospesby vir.	Aquar.	9	7	F	aft. 2 of the clock	
29	D	Easter day.	Aquar.	21	8	G	in the afternoon.	
30	E	Quintine.	Pisces	3	9	A		
31	F	Adelme bish.	Pisces	15	10	B		

Aprill hath xxx dayes.

Now wholesome Bathes thou mayest frequent,
Let blood also, and not repent:
These be good meanes, thee to defend
From griefes, the which on thee attend.

1	g	Theodore.	Pisces	27	11	c	
2	a	Mary Egip.	Aries	9	12	d	
3	b	Richard Bi.	Aries	21	13	e	New Moone the
4	c	Ambrose.	Taur.	3	14	f	3 day, 36 min.
5	d	Low sunday.	Taur.	15	15	G	after 6 of the
6	e	Sextus.	Tauri.	27	16	a	clocke in the af-
7	f	Egesippus.	Gem.	8	17	b	ternoone.
8	g	Perpetuus.	Gemin.	22	18	c	
9	a	7 Virgins.	Cancer	5	19	d	First quarter the
10	b	Sol in Taur.	Cancer	18	20	e	11 day, 45 min.
11	c	Julius.	Leo	1	21	f	after 11 of the
12	d	2 sun. aft. East.	Leo	15	22	G	clocke in the
13	e	Quind Pasc.	Leo	29	23	a	forenoon.
14	f	Ollife.	Virgo	14	24	b	
15	g	Terme begins.	Virgo	29	25	c	Mark Evang.
16	a	Isidore.	Libra	14	26	d	Full moon the
17	b	Cosmie.	Libra	29	27	e	18 day, 25 min.
18	c	Quintine.	Scorpio	14	28	f	aft. 2 of the clock
19	d	Tres Pasch.	Scorp.	28	29	G	in the morning.
20	e	Victor.	Sagit.	13	30	a	
21	f	Simeon.	Sagit.	26	1	b	1657.
22	g	Sother.	Capric.	10	2	c	
23	a	S. George.	Capr.	23	3	d	
24	b	Wilfride.	Aquar.	5	4	e	
25	c	Marke Evan.	Aquar.	17	5	f	Last quarter the
26	d	Mense Pasc.	Aqua.	29	6		25 day, 31 min.
27	e	Anastasius.	Pisces	11	7	a	aft. 6 of the clock
28	f	Vitalis.	Pisc.	23	8	b	in the morning.
29	g	Peter Mer.	Aries	5	9	c	
30	a	Arkenswald.	Aries	17	10	d	

May hath xxxi dayes.

Rise early now this moneth of May,
And walke the fields that be so gay;
From surfetting see thou refraine,
For soone it will procure thy paine.

1	b	Phil. & Jac.	Aries	29	11	e	
2	c	Athanasius.	Taur.	11	12	f	
3	D	Rogation sun.	Taur.	24	13		New Moone the
4	e	Inven. Cross.	Gem.	6	14	a	3 day, 40 minut.
5	f	Goddard.	Gem.	19	15	b	aft. 9 of the clock
6	g	John Port.	Cancer	2	16	c	in the forenoon.
7	a	Ascen. day.	Canc.	15	17	d	
8	b	Crast. Asc.	Cancer	28	18	e	
9	c	Nicholas.	Leo	12	19	f	
10	D	Gordian.	Leo	26	20		
11	e	Verme ends.	Virg.	10	21	a	
12	f	Sollin Gem.	Virgo	24	22	b	First quarter the
13	g	Boniface.	Lib.	8	23	c	10 day, 43 min.
14	a	Isidore.	Libra	23	24	d	aft. 6 of the clock
15	b	Brandon.	Scorpio	8	25	e	in the evening.
16	c	Bernard.	Scor.	22	26	f	
17	D	Whitsunday.	Sagitar.	7	27		Trin. Sunday.
18	e	Diascore.	Sagit.	21	28	a	
19	f	Dunstan.	Capr.	4	29	b	
20	g	Ember week.	Cap.	18	30	c	
21	a	Julian vir.	Aqua.	1	31	d	June. 1657.
22	b	Desideri.	Aquar.	13	1	e	
23	c	Francis.	Aqua.	26	2	f	Full Moone the
24	D	Trinity Sund.	Pisc.	8	3		17 day, about 11
25	e	Crast. Trin.	Pisc.	20	4	a	of the clocke in
26	f	Germans.	Aries	1	5	b	the forenoone.
27	g	Bede pr.	Aries	13	6	c	Last quarter the
28	a	Choronia.	Aries	25	7	d	24 day, about 11
29	b	Verme begin.	Taur.	5	8	e	of the clock at
30	c	Petronill.	Taur.	20	9	f	night.
31	D	1 sun. aft. Tri.	Gem.	2	10		

June hath xxx dayes.

Drinke new or sweet, taste not at all,
For thereby growes no danger small;
And to thy selfe such pastime take,
As may in God thee merry make.

1	e	Nichomede.	Gem.	15	11	a	New moone the
2	f	Marcellus.	Gem.	28	12	b	1 day, 41 min
3	g	Erasmus.	Cancer	11	13	c	after 10 of the
4	a	Petrochi.	Cancer	25	14	d	clock at night.
5	b	Boniface.	Leo	9	15	e	
6	c	Wolstan.	Leo	22	16	f	
7	D	Medard.	Virgo	6	17	G	
8	e	Quind. Tri.	Virgo	20	18	a	First quarter the
9	f	Edmund.	Libra	5	19	b	8 day, 49 min
10	g	Innocent.	Libra	19	20	c	after 11 of the
11	a	Sol in Canc.	Scorpio	3	21	d	clock at night.
12	b	Basill.	Scor.	17	22	e	
13	c	Anthony.	Sagit.	1	23	f	
14	D	3 sun. aft. Tri.	Sagit.	15	24	G	John Baptist.
15	e	Tres Trim.	Sagit.	29	25	a	
16	f	Rich.	Capr.	12	26	b	Full moone the
17	g	Terme ends.	Capri.	26	27	c	15 day, 46 min.
18	a	Marcelline.	Aquar.	9	28	d	aft. 8 of the clock
19	b	Gervase.	Aquar.	21	29	d	at night.
20	c	Edward.	Pisces	4	30	f	
21	D	4 sun. aft. Tri.	Pisc.	16	1	G	July. 1657.
22	e	Albane.	Pisc.	28	2	a	
23	f	Audre.	Aries	9	3	b	Last quarter the
24	g	John Bapt.	Aries	21	4	c	23 day, 10 min.
25	a	Eligius.	Taur.	3	5	d	aft. 4 of the clock
26	b	John & Paul	Taur.	15	6	e	in the afternoon.
27	c	Treseen m.	Taur.	28	7	f	
28	D	Leo Bi.	Gem.	10	8	G	
29	e	Peter Apost.	Gem.	23	9	a	
30	f	Con. of Pa.	Cancer	7	10	b	

July hath xxxi dayes.

Perfume thy house with savours sweet,
But such as are for purpose meet:
Abroad as thou in streets dost goe,
Defend thy selfe from stinkes also.

1	g	Oct. of John.	Canc.	20	11	c	New moone the
2	a	Vis. of Mar.	Leo	4	12	d	1 day, 27 min.
3	b	Tran. of Tho	Leo	18	13	e	after 9 of the
4	c	Mar. Tra.	Virgo	3	14	f	clocke in the
5	D	6 sun aft. Tri.	Virgo	17	15	G	forenoon.
6	e	Octa Petr	Libr.	1	16	a	First quarter the
7	f	Tho. Mart.	Lib.	16	17	b	8 day, 28 min. af.
8	g	Grimbald.	Scorp.	0	18	c	4 of the clocke in
9	a	Cyrill bish.	Scorp.	14	19	d	the morning.
10	b	7 Brethren.	Scorp.	7 24	20	e	Full moone the
11	c	Benet tran.	Sag.	11	21	f	15 day, 28 min.
12	D	7 sun aft. Tri.	Sagit.	25	22	G	aft. 8 of the clock
13	e	Sol in Leo,	Capric.	8	23	a	in the morning.
14	f	Revell.	Capric.	21	24	b	
15	g	Swithen.	Aquar.	4	25	c	James Apostle.
16	a	Osmond.	Aquar.	17	26	d	
17	b	Kenelme.	Aqua.	29	27	e	Last quarter the
18	c	Arnolph Bi	Pisc.	12	28	f	23 day, 15 min.
19	D	Dog da. beg.	Pisc.	24	29	G	aft. 9 of the clock
20	e	Margaret.	Aries	6	30	a	in the forenoon.
21	f	Praxi. vir.	Aries	17	31	b	
22	g	Mary Mag.	Aries	29	1	c	August. 1657.
23	a	Apoline.	Taur.	11	2	d	
24	b	Christian v.	Taurus	23	3	e	
25	c	James Apost.	Gem.	5	4	f	
26	D	An. Mo. M.	Gem.	18	5	G	New Moone the
27	e	7 Sleepers.	Cancer	1	6	a	30 day, 41 min.
28	f	Sampson.	Cancer	15	7	b	aft. 6 of the clock
29	g	Felix.	Canc.	28	8	c	in the evening.
30	a	Abdon & Se.	Leo	13	9	d	
31	b	Germane.	Leo	27	10	e	

August hath xxxi daies.

As burning heat will thee destroy,
So shivering cold will thee annoy;
Let little sleepe thee now content,
Purge not, nor bleed, lest thou repent.

1	c	Lammas day.	Virg.	12	11	f	
2	D	10 sun. aft. Tr.	Virgo	27	12		
3	e	Inde. Ste.	Libra	12	13	a	
4	f	Justine pri.	Lib.	26	14	b	First quarter the
5	g	Oswald.	Scor.	10	15	c	6 days, 3 min.
6	a	Christ tran.	Scorp.	24	16	d	after 10 of the
7	b	Fest. Jesu.	Sag.	8	17	e	clocke in the
8	c	Ciriacha.	Sagit.	21	18	f	morning.
9	D	11 sun. aft. Tr.	Capr.	3	19		Full Moone the
10	e	Lawrence.	Capr.	18	20	a	13 days, 10 min.
11	f	Tiburt.	Aqua.	0	21	b	after 9 of the
12	g	Clare vir.	Aqua.	13	22	c	clock at night.
13	a	[illegible]	Aquar.	27	23	d	
14	b	Eusebius.	Pisces	8	24	e	Barthol. Apost.
15	c	Assump. ma.	Pisc.	20	25	f	
16	D	12 sun. aft. Tr.	Aries	2	26		
17	e	Octa. Lawr.	Aries	14	27	a	Last quarter the
18	f	Agapete.	Aries	26	28	b	12 days, 34 min.
19	g	Magnus.	Taurus	8	29	c	aft. 1 of the clock
20	a	Lewes Bish.	Taurus	19	30	d	in the morning.
21	b	Barnard Ca.	Gem.	1	31	e	
22	c	Octa. Assum.	Gem.	14	1	f	Septemb. 1655.
23	D	13 sun. aft. Tr.	Gem.	26	2		
24	e	Barthol. Ap.	Can.	9	3	a	
25	f	Lewes King	Cancer	23	4	b	
26	g	Dog da. end.	Leo	7	5	c	New Moone the
27	a	Rufus.	Leo	21	6	d	29 days, about 9
28	b	Augustine.	Virgo	6	7	e	of the clocke in
29	c	John beheab.	Virgo	21	8	f	the morning.
30		14 sun. aft. Tr.	Libra	6	9		
31	e	Tuthburg.	Libra	21	10	a	

September hath xxx dayes.

Raw fruit though ripe, may sickness bring,
Unripe much eaten, a dangerous thing:
If now a Surfer thou dost take,
When others sleep, then thou must wake.

1	f	Giles Abbot.	Scor.	6	11	b	
2	g	Anth. mar.	Scorp.	20	12	c	
3	a	Gregorio.	Sagit.	5	13	d	First quarter the
4	b	Cuthbert.	Sagit.	18	14	e	4 day, 16 min.
5	c	Eugenius.	Capric.	2	15	f	after 6 of the
6		15 sund. af. Tr.	Capr.	15	16		clock in the mor-
7	e	Nat. N. Eli.	Capric.	27	17	a	ning.
8	f	Nat. of Ma.	Aqua.	10	18	b	
9	g	Silvius.	Aquar.	22	19	c	Full moone the
10	a	Prothius.	Pisces	4	20	d	12 day, 28 min.
11	b	Martian.	Pisc.	17	21	e	aft. 1 of the clock
12	c	Maurily.	Pisc.	29	22	f	in the afternoon
13		Sol in Libra.	Aries	11	23		Last quarter the
14	e	Holy Crosse.	Aries	23	24	a	20 day, 23 min
15	f	Oct. of Ma.	Taur.	4	25	b	after 4 of the
16	g	Ember week.	Taur.	16	26	c	clocke in the af-
17	a	Lambert.	Taur.	28	27	d	ternoon.
18	b	Victor	Gem.	10	28	e	
19	c	Januar.	Gem.	22	29	f	Mich. Arch.
20		17 sun. aft. Tri.	Canc.	5	30		
21	a	Math. Apo.	Cancer	18	1	a	October 1657.
22	f	Maurice m	Leo	1	2	b	
23	g	Tecla.	Leo	15	3	c	
24	a	Andoche.	Leo	29	4	d	
25	b	Firmin	Virgo	14	5	e	
26	c	Cypr. & Tu.	Virgo	29	6	f	New moone the
27		18 sund. af. Tr.	Libra	14	7		27 day, 27 min.
28	e	Exuperius.	Libra	29	8	a	aft. 11 of the clock
29	f	Michael Arch	Scorpio	15	9	b	in the forenoon.
30	g	Hierome.	Scor.	29	10	c	

October hath xxxi dayes.

Warme clothes must now provided bee,
Also warme meates be good for thee:
Have good regard thy feet be dry,
Thou shalt avoid much harme thereby.

1	a	Remigius.	Sagit.	14	11	d	
2	b	Leodegarius.	Sag.	28	12	e	
3	c	Candide.	Capric.	11	13	f	First quarter the
4	D	19 sun. af. Tri.	Capr.	24	14	G	4 day, 42 minut
5	e	Apolinar.	Aquar.	7	15	a	aft. 5 of the clock
6	f	Fayth vir.	Aquar.	1[illegible]	16	b	in the morning.
7	g	Mark Ma.	Pisces	1	17	c	
8	a	Pelagius.	Pisces	14	18	d	Full Moone the
9	b	Boniface.	Pisc.	2[illegible]	19	e	12 day, about 6 of
10	c	Gereon.	Aries	8	20	f	the clocke in the
11	D	20 sun. aft. Tri.	Ari.	19	21	G	morning.
12	e	Wilfride.	Taur.	1	22	a	
13	f	Sol in Scor.	Taurus	13	23	b	Last quarter the
14	g	Calix.	Taur.	2[illegible]	24	c	20 day, 9 min.
15	a	Wolfron.	Gem.	7	25	d	aft. 5 of the clock
16	b	Michaell.	Gem.	19	26	e	in the morning.
17	c	Etheldred.	Cancer	7	27	f	
18	D	Luke Evan.	Canc.	1[illegible]	28	G	Simon & Jude.
19	e	Frisb. Wick.	Canc.	27	29	a	
20	f	Tres Miche.	Leo	10	30	b	
21	g	11 Virg ma.	Leo	24	3[illegible]	c	Novemb. 1657
22	a	Mary Salo.	Virgo	8	1	d	
23	b	Terme begin.	Vir.	22	2	e	
24	c	Nicasius.	Libra	8	3	f	New Moon the
25	D	Tris. & Crisp.	Libra	23	4	G	26 day, 45 min.
26	e	Ursula.	Scor.	8	5	a	aft. 8 of the clock
27	f	Mense Mic.	Scor.	2[illegible]	6	b	at night.
28	g	Simon & Jud.	Sagit.	8	7	c	
29	a	Narcissus.	Sagit.	22	8	d	
30	b	Germane.	Capr.	6	9	e	
31	c	Quintin.	Capr.	21	10	f	

November hath xxx dayes.

If Rheumes doe now molest thy head,
It is not ill to sweat in bed:
Feed on good meates, if stomacke serve,
Else seeke for that which doth preserve.

1	D	All Saints	Aquar.	3	81	G	
2	E	All Soules	Aquar.	16	12	a	First quarter the
3	F	Cyall. Anim.	Aqua.	28	13	b	3 day, about 9
4	G	Amantius.	Pisces	10	14	c	of the clocke at
5	A	Powd. Treal.	Pisces	22	15	d	night.
6	B	Leonard.	Aries	4	16	e	
7	C	Willzide.	Aries	16	17	f	
8	D	24 sun. aft. Tri.	Aries	28	18	G	
9	E	Theobote.	Taurus	10	19	a	
10	F	Trephon.	Taur.	22	20	b	Full Moone the
11	G	Martin bish.	Gem.	4	21	c	11 day, 24 min.
12	A	Sol in Sag.	Gem.	16	22	d	after 1 of the
13	B	Brice.	Gem.	29	23	e	clock in the mor-
14	C	Esben Tra.	Cans.	11	24	f	ning.
15	D	25 sun. aft. Tr.	Can.	24	25	G	
16	E	Edmund.	Leo	7	26	a	Last quarter the
17	F	Anian. Bish.	Leo	21	27	b	18 day, 49 min.
18	G	Oct. Mar.	Virgo	4	28	c	aft. 3 of the clock
19	A	Elizabeth.	Virgo	18	29	d	in the afternoon.
20	B	Edmund Rt.	Lib.	2	30	e	Andrew Apo. die
21	C	Prel. of Ma.	Libra	17	1	f	Decemb. 1637.
22	D	26 sun. aft. Tr.	Scorpio	2	2	G	
23	E	Clement Bi.	Scor.	16	3	a	
24	F	Chrysogon.	Sagit.	1	4	b	
25	G	Quind. Ma.	Sagita.	16	5	c	New moone the
26	A	Linus.	Capr.	0	6	d	25 day, 44 min.
27	B	Agricola.	Capric.	14	7	e	after 7 of the
28	C	Terme ends	Capr.	28	8	f	clock in the mor-
29	D	Advent Sun.	Aquar.	12	9	G	ning.
30	E	Andrew Apo.	Aquar.	24	10	a	

December hath xxxi dayes.

Now cold December is come in,
And poore Mans backe is clothed thin:
Feed and clothe them as ye may,
The Lord will it threefold repay.

1	f	Loy. Bi.	Pisces	7	11	b	
2	g	Libane.	Pisces	19	12	c	First quarter the
3	a	Dionisius.	Aries	1	13	d	2 day, 47 min.
4	b	Barbara.	Aries	13	14	e	aft. 3 of the clock
5	c	Nichol. con.	Aries	25	15	f	in the afternoon.
6	D	2 Sun. in Adv.	Taur.	6	16	G	
7	e	Octa. Andr.	Taur.	18	17	a	
8	f	Conc. of Ma.	Gem.	0	18	b	
9	g	Cyprian.	Gem.	13	19	c	Full moone the
10	a	Eulalie.	Gem.	25	20	d	10 day, 11 min.
11	b	Sol in Capr.	Canc.	8	21	e	after 7. of the
12	c	Paul Bi.	Can.	21	22	f	clock at night.
13	D	3 Sun. in Adv.	Leo	4	23	G	
14	e	Othelia.	Leo	18	24	a	
15	f	Valerian.	Virgo	1	25	b	Christmas day.
16	g	Ember week.	Virgo	15	26	c	Stephen Mar.
17	a	Lazarus.	Virgo	29	27	d	John Evang.
18	b	Gratian.	Libra	13	28	e	Innocents day.
19	c	Venerius.	Lib.	27	29	f	Last q. 18. d. 12. m.
20	D	4 Sun. in Adv.	Scor.	10	30	G	bef. 1 in the morn
21	e	Thomas Ap.	Scorp.	26	31	a	Ianuary. 1658.
22	f	30 Martyrs.	Sagit.	10	1	b	
23	g	Victor vir.	Sagit.	24	2	b	
24	a	Claudy.	Capr.	9	3	c	
25	b	Chr. day.	Capr.	22	4	d	
26	c	Steven.	Aquar.	6	5	e	New Moon the
27	D	Iohn.	Aquar.	19	6	f	24 day, 29 min
28	e	Innocents.	Pisces	2	7	G	after 8 of the
29	f	Tho. Becket.	Pisc.	17	8	a	clock at night.
30	g	James Tra.	Pisc.	27	9	b	
31	a	Silvester.	Aries	9	10	c	

NEVE. 1657.

A PROGNOSTICATION,

Serving for the yeare of our Lord God and Saviour JESVS CHRIST 1657.

Wherein you may obſerve the grounds of the alteration and condition of the Foure Quarters of this yeare: As alſo the diſpoſition of the Aire, for each ſeverall Moneth, according to the inclination of the Coeleſtiall bodies, with the change of the Moone, her full, and Quarters, and the time of the Eclipſes, with other things fit to be knewn and obſerved.

Calculated, and eſpecially referred to the Longitude and Elevation of the Pole Artick, of the ancient and famous City of *Norwich*, and may ſerve generally for all ENGLAND.

Collected, compoſed and publiſhed by *John Neve* Gent.

The 57. Edition by the Author.

Printed at *London* by *W. Wilſon* for the Company of *Stationers*. 1657.

THere is late extant, *France Painted to the Life*, in foure Books, by a Learned and Impartiall hand. To be ſold by *William Leake*, at the *Crowne* in Fleet-ſtreet.

A Briefe and neceſſary Rule, for the beginning and ending of the foure Termes, with their Returnes.

Hilary Terme begins Ianuary 23 and endeth Febr 12 and hath foure Returnes.

Octab. Hilar. Ianu. 20	Craſt. Purif. Febr. 3.
Quind. Hilar. Ianu. 27	Octab. Purif. Feb. 10.

Eaſter Terme begins 17 dayes after Eaſter, and ends the munday after Aſcenſion day, and hath five Returnes.

Quind Pa.ch. Aprill 13.	Quinq; Paſch. May. 4
Tres Paſch. Aprill 20.	Craſt. Aſcen. May 8.
Menſe. Paſch. Aprill 27	

Trinity Terme begins the Friday after Trinity Sunday, and ends the wedneſday fortnight after, and hath foure Returnes.

Craſt. Trin. May 25.	Quind. Trin. Iune 8.
Octab. Trin. Iune 1.	Tres Trin. June 15.

Michaelmas Terme begins October 23 and endeth the 28 of November, and hath ſixe Returnes.

Tres Mich. Octob. 20.	Craſt. Mart. Novem. 12
Menſe. Mich. Octob. 27.	Octab. Mart. Nove. 18
Craſt. Anim. Novem. 3.	Quind. Mart Nove. 25

Note that the Exchequer openeth 8. dayes before any Terme begins, except Trinity Terme, in which it openeth only foure dayes before.

On theſe dayes following, the Judges ſit not at Weſtminſter.

In { Hillary / Eaſter / Trinity / Michael. } Tearme, on { Candlemas / Aſcenſion / Midsũmer / Alholland } Day.

A moſt plaine and eaſie table, ſhewing the true time of the beginning, continuance, and yeares ſince, the Reign of each King and Queen, in *England* from the Conqueſt, untill this year 1657. collected forth of Chronicles, and ſet forth for the profitable uſe of Lawyers, Scriveners, &c.

The Kings Names.	Began their Reign.	Reigned yeares. m o. da.	Since their Reign.
W. Conqu.	1066. Oct. 15	20.y.11.m.22.d	591.Sept.9
W. Rufus.	1087 Sep. 9	12.y.11.m.19.d	570. Aug.1
Henry 1.	1100 Auguſt 1	25. y. 4. m.1.d	557. Dec.2
Stephen.	1135 Decem. 2	18.y.11.m.18.d	522.Oct.25
Henry 2	1154 Oct. 25	34. y. 9. m. 1.d	503.July 6
Richard 1	1189 July 6	9. y. 9. m. o.d	468. Apr.6
King John	1199 Aprill 6	17. y. 7.m.o.d	458.Oct.19
Henry 3	1216 Octo. 19	56.y. 1, m. o.d	441 .No.16
Edward 1	1272 Nov. 16	34. y. 8. m.6.d	385. July 7
Edward 2	1307 July 7	19. 7. m. 5. d	350. Ian.25
Edward 3	1326 Ianu. 25	50. y. 5. m.7.d	331. Iun.21
Richard 2	1377 Iune 21	22. y. 2. m.14.d	280.Sep 29
Henry 4	1399 Sept. 29	13. y. 6. m.3.d	258.Mar.20
Henry 5	1412 March 20	9. y. 5. m. 24.d	245. Au.31
Henry 6	1422 Aug. 31	38. y. 6. m.8.d	235.Mar. 4
Edward 4	1460 March 4	22.y. 1.m. 8.d	197. Apr.9
Edward 5	1483 Aprill 9	0.y. 2. m. 18. d	174.Iun.22
Richard 3	1483 Iune 22	2. y. 2. m. 5. d	174.Au.22
Henry 7	1485 Aug. 22	23.y. 10.m. 2.d	172.Au.22
Henry 8	1509 April 22	37.y. 10.m.2.d	148. Ap.22
Edward 6	1547 Ianu. 28	6.y. 5. m. 19.d	111. July 6
Queen Ma.	1553 July 6	5.y. 4. m.22. d	104. No.17
Queen Eliz	1558 Nov. 17	44.y. 4.m. 16.d	99.Mar. 24
King Jam.	1602 Mar. 24	22. y. 0. m. 3.d	55.Mar. 27
King Char.	1625 Mar 27	23.y. 10.m.3.d	9. Ian. 30

Some briefe Rules for Husbandry and Gardening.

The best time to sow all kind of corne, is when the Moone is in Cancer.

The best time to plant and graft, is in the increase of the Moon, she being in Taurus, Virgo, or Capricornus.

Remove and set young trees from October till February, in the first quarter of the Moon, shee being in Taurus or Capricornus.

Crop trees and fell wood, that the stock may the better and sooner grow again, when the Moon is in the first quarter.

Fell timber in December and Ianuary, in the old of the Moon is best: but if you would have it grow again, cut it downe in the new of the Moon.

The best time to cut Vines, is in the end of Ianuary, in February, and in the beginning of March, the Moon increasing in Taurus, Virgo or Capricornus.

Cut hedges between the change and full, from the end of Ianuary, till the beginning of Iune.

Set and sow all kind of seeds, the moon being in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But the seeds whose roots be round, must be sowne three or four daies before or after the full moon.

Gather all manner of fruits, near the full Moon, in a dry time, gather flowers, and seeds for store, at the full of the Moon.

Geld cattell, the Moon being in Aries, Sagittarius, or Capricornus: Sheare sheep, cut haire that it may the sooner grow again: the Moon increasing, that is from the change to the full.

To muck your land that weeds may not abound, is best in the last quarter of the Moon.

A fit time to kill fat swine is in the increase, nigh

the full of the Moon, the lard will the better endure the bowring.

Destroy wenns, warts, and Cornes &c. in the last quarter of the Moon.

A Description of the Eclipses, which shall happen in this present year of our Lord God 1657.

This yeare the two Lunaries of the World shall suffer foure Eclipses, whereof two shall be of the Sun, and two of the Moone, those two of the Moone shall be apparently seen by us here in our Horizon, if the weather prove faire and cleare. The other two Eclipses of the Sun shall not be seen with us, but only to those that dwell under or beneath our Horizon, as will hereafter more plainely appeare.

Of the first Eclipse of the Moone.

The first, a totall Eclipse of the Moone shall sensibly be conspicuous unto us in England, upon the 15 day of June 46 min. after 8 of the clock at night, the Moone being at that instant seated about the forth degree of Capricornus, diametrically opposite unto the Sun, not far from Caput Draconis, in a signe of the Earthly Triplicity, naturally cold and dry, overwhart ascending, moveable, feminine, nocturnall, meridionall, governor of the Knees, the house of Saturne the Exaltation of Mars, the detriment of the Moone, and the fall of Jupiter: and likewise those Inhabitance whose Meridian is removed from us towards the East, two houres and 30 min under the Longitude of 74 degrees, which belongs to those people in Syria, Arabia, and the parts neere adjoyning may also see this eclipse. The beginning of this obscurity, will be neere about 7. of the clock, the middle between 8 and 9. and the ending shall be between 10 and 11. of the clock at night. The points or degrees eclipsed will be 12. and the whole time of the duration or continuance shall be 3. houres and 45. minutes.

Of the second Eclipse of the Moon.

There shall be a small particle Eclipse of the Moon, which will be visibly seen by us in England, upon the

the 10. day of of December, according to our computation, about 7 of the clock at night, the beginning of this eclipse shall be between 5. and 6. of the clock, the middle betweene 7 and 8. and the end thereof neere about halfe an houre after 9. at night, the digits or deg. eclipsed will be about 4. degrees, the time of incidencie shall be one houres and 16 min. the whole time of the continuance from the beginning to the end, will be 2. houres and 32 min.

Of the third Eclipse of the Sun.

THis partile Eclipse of the Sun shall be invisible unto us, in regard both the lights shall be beneath our Horizon, this Eclipse shall happen the first of June according to our accompt, but in the reformed yeare it will be upon the 11 of the same moneth, about 11 of the clock at night, unto those that dwell under the Longitude of 220. deg. and 59. deg. of North Latitude, in the occidentall parts of Mericana towards the North, the totall duration unto them shall be about two houres, &c.

Of the fourth and last Eclipse of the Sun.

VPon the 25 day of November, there shall another particle of the Sun, according to our computation, but in the Gregorian yeare will be upon the 5 day of December, 45 min. after 7. of the clock in the morning, it shall be seene to them that hath their Meridian removed from us two houres and 52 minutes in the Longitute of 70 deg. and 58 men. and in the 59. deg. of the South Latitude unto those that dwell in Terra, Aultrali incognita, and neere unto the Indian south sea, the continuance of this Eclipse unto the Inhabitance aforesaid shall be two houres and 14 min.

The great conjunctions of great Starrs,
The Eclipse of Sun and Moone:
Doth threat great death, great Dearth and warre
If we repent not soon.
Now God above, and wrath above,
And Heaven above relent:
And man beneath, and sin beneath
And Earth beneath Repent:

Briefe

Brief Rules and necessary Observations concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moon.

Of bleeding.

When the weather is extream hot or cold, it is not then convenient either to let blood or purge, unlesse some great necessity require it: yet notwithstanding if this blood-letting be for the Phrenzie, the Apoplexie, for a continuall fever or headach, proceeding of Choler or blood, or any hot burning fever, or other extream pain, a man in such a cause, may not stay for a chosen time, because the patient might miscary in the mean season, but in this aforesaid cause of extremity, blood is not to be let in such a quantity as otherwise it would, if a chosen time might be conveniently expected.

The best time to let the Phlegmatick blood, is when the moon is in Aries, or Sagitarius, the head and thighes excepted.

For melancholy, the moon being in Libra, or Aquarius, the buttocks and leggs excepted.

For the Cholerick, the moon being in Cancer, Scorpio, or Pisces, the breast and feet excepted.

For the Sanguine, all be good which before is named.

In the spring time let blood at the right side.

In Harvest time, let blood on the left side.

Of Bathing.

Bathings are commonly used rather for pleasure then for profit, especially where hot houses are overmuch haunt-

haunted, but I intend not to speak of them otherwise then to advertise those that tender their own health, to be wary and circumspect in resorting unto them, without cause, and immediately after or with such persons, as be unclean.

Know it is not good to Bath, the moon being in earthly signes, as in Taurus, Virgo, or Capricornus, the reason is, because they are of a cold nature; and the nature of cold, is to restrain and bind: and so the Moon being in these signes, the pores of the body are closed and shut: So there can be no resolution of humours and superfluities, which by bathing ought to be avoided.

But in fiery signes, when the moon is in Aries, Leo, or Sagitarius, then it is a good time for bathing, for then the body is apt to resolution: for it is the nature of heat, to open and resolve.

It is best bathing two or three daies after the change, and at the full of the moon, for then the superfluities are ripe and ready to be avoided, and disposed to flow and issue out, which indeed is the true use of bathing.

If any will enter the Bath for cleanesse sake, let the moon be in Libra or Pisces.

Furthermore if bathing be used for health, let the party grieved learne of the wise Physitian, whether his sickenesse had need of moistning or drying; for if it require moistening, as in Phthisis, and such like, then let him bath in watry signes, having good aspect with Iupiter or Venus, But if the sickenesse require drying, as in Paralysis, and the like, then let him bath, the Moon being in fiery signes, having good aspects with Mars and the Sun.

Also before you enter into any bath, your body must be first prepared and purged, for if you go in unprepared, peradventure you may be worse than before.

The best time of the year to bath is in the Spring, and in Harvest, & in the months of May and September.

The best time of the day to go into the bath is one hour after the sun-rising at the least, allwaies provided, that you walk either an hour, or half an hour before, and have a stool either by nature or art: you must cover your head well, so long as you be in the bath, and be-

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ware you drink not cold drink, although you be very thirsty, but forbear all things that be cold, lest when you are hot within, cold strike suddenly into some principall member and hurt you.

The time of tarrying in the bath is commonly one houre, but it may be more or lesse, according to the nature of the bath, or sickness of the party, at the discretion of the wise Physitian.

For purging.

In purging these five things ought to be known.
1 The humour which aboundeth.
2 The best way to avoid it.
3 The strength of the person.
4 The manner of the sickness.
5 The force & nature of the medicine.

For when these things are not considered and observed, many perilous accidents may follow, and greatly hurt the body,

Good signes generally for purging, are Cancer, Scorpio, and Pisces, particularly with potions or drinks, the Moon being in Scorpio.

Purge with Electuaries, the Moon being in Cancer, purge with Pills the moon being in Pisces.

Take preparatives, the moon being in Gemini, Libra, or Aquarius.

Take vomits, the moon being in Aries, Cancer, or Capricornus.

Take Glisters, the moon being in Libra or Scorpio.

To provoke Neesings, the moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractive, the moon being in Aries, Leo, or Sagittarius.

Good to comfort the vertue digestive: the moon being in Gemini, Libra, or Aquarius.

Good to comfort the vertue retentive, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the moon being in Cancer, Scorpio, or Pisces.

For using of Anguents, or plaisters, they are best to be applyed and used, when the moon is in that mem-

ber

ber or ſigne which governeth that part of the body, to which it is applyable.

For ſweatings.

SWeatings as they are of two ſorts, that is to ſay, naturall and artificiall, ſo they are uſed for two ends and purpoſes: the Naturall ſweat, if good heed be taken in opening of the pores, will diſſolve groſſe and thick humours, will cleanſe the blood, will comfort the ſpirits, will put away cold, will conſume raw humours, qualifie and quench raging fevers, will help numneſſe, and the dropſie.

The Artificiall ſweat will cleanſe ſcabs, put away itch, amend dulneſſe in hearing, eaſe the ſtone, reſolve congealed and cold humours, and melancholly blood.

But for the better performing and effectuall working of theſe cauſes, the Counſell of the learned Phyſitian is to be deſired and uſed.

The beſt or meeteſt ſignes to ſweat in, are Aries, Leo, and Sagittarius, and that two or three daies after the Change, and at the full moon.

And note that ſweating is better to be done, in the evening then in the morning: for when the body hath nouriſhment within, the ſpirits ſhall not ſo eaſily be drawn forth to the extream parts.

Note further, that lean folks, and dry or feeble perſons, muſt ſweat little, for it will hurt them much: but fat folkes, may ſweat well, and it will do them much good.

A brief Deſcription of the four Quarters of this preſent year of our Lord God. 1657.

Of Winter.

WInter which is the chiefeſt foe to the ſpring, (the diſgrace of Summer, and the deep devourer of the fruitfull harveſt) began to take his effects, according to our uſuall computation, on the 11. of December in the year afore-going, at the entrance of the Sun, into the firſt minute of the ſigne Capricornus, at which time the Sun ſhall be at his greateſt South declination, from the Equinoctiall line, ſo that he riſeth

seth South-East, and setteth South-West. Now is the Hyemal or winter Solstice, for the Sun is so far removed from our Zenith or vertical point, that he cannot decline any further, and standeth at a stop or stay, and then is the shortest day and longest night in the year, and so this Quarter doth continue untill the 10 of March next following.

This season is by nature cold and moist, unpleasant for the most part to travellers either by Sea or Land, and unto aged persons it is very combrous and noysome, causing superfluitie of rawnesse, and abundance of cold moistnesse to over flow their bodies, to their great troubles and disquietnesse.

Sundry sorts of sicknesses and diseases, are likely to trouble mens body this Quarter, as colds, Rheumes, Coughes, Palsies, Poses, Gouts, Cramps, convulsions, vertigoes, Epilepsies, Apoplexies, Collicks, Hoarsenesse, Fluxes, Windines, pain in the teeth, noise in the eares, obstructions and fevers &c.

Thus will the starrs if God assent,
Whose power alone can all prevent.

Of the Spring.

THe Sun (which is the eye of the world, the fountain of light, and the chiefe moderator of all the rest of the lights) hath like a Gyant run his race, and finished his revolution (Gradatim) throughout the 12 signes, and now this 10 of March beginneth his journey afresh again, and goeth an even course, and so becomes an indifferent Arbiter, between the day and night, and maketh an Equality throughout his whole government, to the great joy and comfort of all his revived Subjects, chearing with his splendent countenance, the poor weather-worn weeds of this our dark starre of mortality (which the darkned Countenance of winters extremity, had almost subdued) with his excellent presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing Livery of fresh Flora.

This

This season is by nature hot & moist, the most temperate time of the year, and the least breeder of sickness that doth procure death; and a very convenient time for the removing of sickness and griefes gotten before, and also to avoid and prevent those that are to come: for now the dul senses and spirits of man and other creatures are quickned and revived, and therefore the humours which do abound, and are readiest to oppress nature, are fit to be emptied and avoided whether by blood letting, purging, or otherwise, as the learned Physitian shall advise, and as the cause of the disease shall require: such therefore as be diseased, let them not neglect this time.

The bodily diseases and sicknesses, subject to us this spring, are tertian fevers, jaundies, impostumes, swellings, squinancies, boyles, itch, pushes, tetters, morphewes, ringwormes, measels, small pox, obstructions, bleeding at the nose, spotted fevers, and such dangerous infirmities, that are likely to arise, from the corruption of the blood.

Infections from the starrs may fall,
But one above doth stay them all.

Of Summer.

SUmmer the third part of our vulgar year, according to our usuall computation: Now when the Sun hath fully determined the spring, with his last Grade of Gemini, and moved in his motion, to the highest point of his course, namely to the first entrance of Cancer, which shall be this year the 11. of Iune. Now is the second solstice of the year, called the festivall or Summer solstice: for even as the Sun, when he entreth Capricornus, hath his greatest South declination, from the Equinoctiall: So now at his ingresse into the beginning of Cancer, he hath his greatest declination toward the North from the said Equinoctiall line: and even as at that time of the winter Solstice, he was so far removed from our verticall point, that he could move no further towards the South, and was therefore to approach again towards our North, and

tude, at which time he seemeth to stand: So now being come so near to our Zenith that he cannot remove no further towards the North, and is therefore to revert again to the South Latitude. At the first going from us he seemeth also to stand, insomuch that even as before at his return toward us again, he made with us the shortest day and longest night in the year: So now at his return to us, he maketh with us contrariwise, the longest day and shortest night in the year: afterwards declineth more and more from us, like as before he moved more and more towards us.

This season according to his proper nature, is hot and dry turning the humours of mens bodies, into hotnes and dryness, resembling the element of fire, and complexion of Choler, bringing all fruits to their ripenesse, cattle to their fatnesse, and men to their wealth.

The sicknesses and infirmities, most likely to rule and rage over us this quarter, (according to the judgement of Hippocrates, and divers other learned writers of Physick) are hot burning fevers, phrenzies, Plurisies, inflammations, violent and pestilent fevers, impostumes and ulcerations in the lunges, and blader, heat in the reines, the Gonorhea passion, the strangury, and such diseases, as may proceede of Choler.

Though Starrs incline to work us ill,
All shall be as the Maker will.

Of Autumne.

AUtumn, according to our accustomed computation, the last quarter of the year beginneth at the Suns departure, from the last scruple of Virgo, into the first entrance of the second Equinoctiall signe Libra, the which will be this year, on the 13. day of September, the day and night being of an equall length, as in the

the ſpring: at which time is the Autumnall Equinoctiall, for even at the Suns entrance into Aries, the day increaſing from the Winter Solſtice, till thee came to be equall with the night, going on ſtill more and more till the Summer Solſtice, when was the longeſt day and ſhorteſt night: So now the night by encreaſing from the Eſtivall Solſtice, to the Sunnes ingredience into Libra, hath got to be equall with the day, and ſhall encreale more and more, till the Brumall Solſtice come againe, when the night is longeſt, and the day ſhorteſt.

This time of the yeare is of it ſelfe unconſtant, and variable, warme in the day time, and cold in the night.

This quarter becauſe of the inequality of temperature, may as Hippocrates ſaith, be called the mother or nurſe of deadly ſickneſſes.

And alſo Galen ſaith, that this time of the yeare, is very dangerous for taking ſickneſſes.

The grievous diſtemperatures and ſickneſſes which generally attend this time of the yeare are many: Quartaine, and unconſtant feavers, Clertigoes, Apoplexies, Epilepſies, or Falling ſickneſſe, Lethargies, Hemorhoides, Fiſtulaes, Fluxes, Teneſmus, Dyſenteria, paine in the back and reines, the ſtone, ſuppreſſion and ſtopping of the vrine, gouts, joyntaches, ſciaticaes, palſies, convulſions, cramps, conſumptions, lunacies, madneſſe, diſtractions, with melancholy, payne in the ſides, windineſſe, obſtructions of the ſpleene; and ſuch like diſeaſes as ariſe thereof.

Thus every Planet in his kinde,
Is to performe the Almightie minde.

A Declaration of the inclination, and diſpoſition of the Winds and weather, according to the ſeverall motions, configurations, and influences of the erraticall and fixed ſtarrs: with the day, houre and minute of the change of the Moone, her full, and quarters: And alſo the riſing and ſetting of the Sunne in every ſeventh day of every moneth of this preſent yeare of our Lord God 1657.

Of Ianuary.

Day.	*The ſun riſeth.*	*The ſun ſetteth.*
1.	houre. 8. and 3. min.	houre 3. and 57. min.
7.	houre. 7. and 56. min.	houre 4. and 4. min.
14.	houre. 7. and 46. min.	houre 4. and 14. min.
21.	houre. 7. and 34. min.	houre 4. and 26. min.
28.	houre. 7. and 23. min.	houre 4. and 37. min.

New Moone the 4. day 32. min. after 1 of the clock, in the afternoone, windy weather.

Firſt quarter the 12. day about 6 of the clock at night windy and cloudy.

Full moone the 19 day about 11. of the clock at night ſome ſnow or moyſture.

Laſt quarter the 26 day 21. min. after 2 of the clock in the afternoone, inclined to moyſt weather.

Ianuaries Abſtract.

In this moneth let not blood, neither uſe but little phyſick, except great neceſsity conſtraines thee, and beware of taking cold, for this moneth Rheums and Flegme, doe much increaſe: to faſt long is hurtfull, but to drink white-wine faſting is good and wholeſome, uſe meates that are naturally hot moderately, and weare warme cloathes.

In worldly buſineſs, this moneth you may ſet all kind of common fruits, or plants, as peares, plums, cherrie, filbert, walnut, and ſuch like, hawthorne, and all ſorts of quickſetts, or plants, are fitteſt to be generally ſett, from the change to the firſt quarter.

Take

Take away moſſe and ſuperfluous branches from your trees, and this moneth is good to ſett beanes, peaſe, parſenips, leeks, radiſh, garlike, turnips, and onyons, if the weather proove mild, and the moone paſt the full, you may begin to graft at the end of this moneth, ſo as the moone be increaſing in her light.

Good husbands alſo this moneth crop trees, fell timber, and geld cattell, ſuch as are to be gelded, the ſtate of the moone alwaies conſidered

Of February.

Day.	*The ſun riſeth.*	*The ſun ſetteth:*
1.	houre 7. and 13. min.	houre 4. and 47. min.
7.	houre 7. and 4. min.	houre 4. and 56. min.
14.	houre 6. and 50. min.	houre 5. and 10. min.
21.	houre 6. and 34. min.	houre 5. and 26. min.
28.	houre 6. and 22. min.	houre 5. and 38. min.

New moon the 3 day 40 min. after 7 of the clock in the morning, froſty cold weather.

Firſt quarter the 11 day. 29 min. after 11. of the clock in the forenoone, wind and cloudy.

Full Moone the 18. day 19 min. after 9. of the clock in the forenoone, apt for the time.

Laſt quarter the 25. day 47. min. after 1. of the clock in the morning, ſtormy and windy.

Februaries Abſtract:

IN this moneth all ſlimy fiſh, Milk and Rice, and ſuch like, that doe oppilate and ſtop the Liver and veines, or thicken the blood, are to be eſchewed as enemies to health, and alſo yet forbeare Phyſick, and letting of blood, except neceſsity do urge, and learned Counſell do adviſe you: beware now of taking Cold, for now are Agues apt to be taken, and it is very ill to take heates and afterwards ſudden cold upon them.

Now is the moſt apt time to graft or plant, and to ſet all kind of trees and bulbes, the wind and weather, & age of the Moon conſidered, Peaſe, Beanes, Haſtings, Onions, Parſenips, and ſuch like, as in January, may very fitly be ſet in the wane of the Moon.

The time is now to trim up Gardens, to ſet and ſow all kind of Kitchen hearbs, to ſet ſlips, ſow kernels, muſtard-ſeeds, oats, ſet hops, cut vines, and prune them, ſtick up your Rounceball Peaſe and Haſtings.

Of March.

Day.	Sun riſeth.	Sun ſetteth.
1.	houre 6. and 20. min.	houre 5. and 40. min.
7.	houre 6. and 8. min.	houre 5. and 52. min.
14.	houre 5. and 4.. min.	houre 6. and 56. min.
21.	houre 5. and 16. min.	houre 6. and 44. min.
28.	houre 5. and 22. min.	houre 6. and 38. min.

New Moone the 5 day 43. min. after 1. of the clocke in the the morning, ſtormy and unconſtant.

Firſt quarter the 13 day 26. min. after 1 of the clock in the morning, inclined to moyſture.

Full moone the 19. day 9. min. after 6. of the clocke the in evening, reaſonable faire.

Laſt quarter the 26. day 15. min. after 3. of the clock in the afternoone, cloudy and cloſe weather.

Marches Abſtract.

In this Moneth the humours of Mans body begins to encreaſe, and now groſs feeding breedeth groſs blood and groſs humours, and therefore uſe meates of good digeſtion, & ſuch as breed good juice: it is a good time to purge and clarifie the blood by potions, bathing, and bloudletting, or ſuch other waies as the learned Phyſitian ſhall appoint, and as the cauſe of the diſeaſe ſhall require: Alſo this moneth ſweetmeats and drinks are commendable.

The time of grafting as yet endureth, together with ſetting, ſowing, proyning, plaſhing of Vines, and Hopps, willow, oates, peaſe, onyons, parſnips, and ſuch like.

Of Aprill.

Day.	The ſun riſeth.	The ſun ſetteth.
1.	houre 5. and 18 min.	houre 6. and 42. min.
7.	houre 5. and 6. min.	houre 6. and 54. min.
14.	houre 4. and 54. min.	houre 7. and 6. min.
21.	houre 4. and 39. min.	houre 7. and 21. min.
28.	houre 4. and 29. min.	houre 7. and 31. min.

New moone the 3. day 36. min. after 11. of the clock in the evening, fitting the ſeaſon.

Firſt quarter the 11 day 45. min. after 6. of the clock in the forenoone, ſome aprill ſhowers.

Full Moone the 18 day 25. min. after 2. of the clock in the morning, faire weather.

Laſt quarter the 25. day 31. min. after 6 of the clocke in the morning, temperate weather.

Aprils Abſtract.

IN this moneth of Aprill, the pores of mans body are open'd, and apt to receive Phyſick, and they that refuſe the ſame, I commit them to the benefit of nature, for of all times of the yeare, this is the beſt time to prevent cauſes of ſickne, or for ſpeedy remedy in extremities, for now nature doth renew ſtrength through all the body: ſo where ſickne hapneth ſhe ſoone unburdneth by means of Phyſick, wherefore what it cannot doe now, will hardly be done hereafter, therefore take time while time is, &c.

As yet you may graft and proyne vines, and alſo ſet melons, citrons, cowcumbers, artichoakes, and pole-hops, ſow barly, Tanners apply themſelves to barking of trees.

Of May.

Day.	*The ſun riſeth.*	*The ſun ſetteth.*
1.	houre. 4. and 23. min.	houre 7. and 37. min.
7.	houre. 4. and 15. min.	houre 7. and 45. min.
14	houre 4. and 5. min.	houre 7. and 55. min.
21	houre 3. and 56. min.	houre 8. and 4. min.
28	houre 3. and 50. min.	houre 8. and 10. min.

New moone the 3. day, 40. min. after 9. of the clock in the foornoon, ſome overcaſting clouds.

Firſt quartr the 10. day, 43. min. after 6. of the clocke in the evening, ſeaſonable weather.

Full Moone the 17 day, about 11 of the clocke in the foornoone, inclined to moyſture.

Laſt quarter the 24 day, about 10 of the clock in the night, windy and reaſonable faire.

Mayes Abſtract.

IN this moneth rise early, for May doth not love any ſlug-gards, and let ſuch as bee in health and able walke into the fields, and eate and drinke betimes for it is good and holſome, abſtaine from all meates that be of a hot nature: and ſuch as be ſick, it is a very good time of the yeare to let blood, or to take Phyſick: ſuch as bee whole, God keepe them in health, and ſuch as bee ſick, God ſend them good Phyſitians and Phyſick.

The time is now fitting to ſow Bazill, Marjerom and ſuch fine ſeedes as before might not be ſowne, becauſe of the coldneſſe of the weather. Set Sage according to the proverbe, ſet ſage in May and it will laſt allway, ſow flax and hemp, Set Artichokes, weede your Hops, and Gardens ſee

to your grafts that no ſuperfluous branches trouble them. May dew, Roſemary flowers, and beane flowers, may at your pleaſure be diſtilled this moneth, and now alſo have a care of watching your bees.

Of June.

Day.	The ſun riſeth.	The ſun ſetteth.
1.	houre 3. and 49 min.	houre 8. and 11. min.
7.	houre 3. and 46 min.	houre 8. and 14. min.
14.	houre 3. and 47 min.	houre 8. and 13. min.
21.	houre 3. and 49 min.	houre 8. and 11. min.
28.	houre 3. and 52 min.	houre 8. and 8. min.

New moon the 1. day 41. min. after 10. of the clock at night, a faire change.

Firſt quarter the 8 day 49. min. after 11. of the clocke at night, ſo newhat windy, and unconſtunt.

Full Moone the 15. day, 46. min. after 8. of the clock at night, fitting the ſeaſon.

Laſt quarter the 23. day, 10. min. after 4. of the clock in the afternoone, faire and hot weather.

Iunes Abſtract.

IN this moneth, if thou muſt needs uſe Phyſick, take it early in the morning, that it may have wrought before the heate of the day, and uſe a light and thin dyet, for the ſtomack is not able to digeſt as in winter, or in ſome of the former moneths, and it is very good and convenient for ſome to drinke clarified whay, boyled with cold hearbs, and to abſtaine from violent exercíſe.

Diſtilling of roſes, making of ſyrups and conſerves, are now in prime, now gather ſuch herbs as you meane to keepe all the yeare, but be ſure you dry them in the ſhade: Good husbands and huſwives are now weeding their corne and gardens, & others ſhearing their ſheepe, the time ſerves to ſet roſemary, & gillyflowers, take heede of cutting hedge or trees or herbs with knife, but rather gather them with your fingers, now you may ſet ſaffron, carry out compoſt, make hay, rid gardens of snayles, ants, or pismires, &c.

Of July.

Day.	The ſun riſeth.	The ſun ſetteth.
1.	houre 3. and 54. min.	houre 8. and 6. min.
7.	houre 3. and 59. min.	houre 8. and 1. min.
14.	houre 4. and 7. min.	houre 7. and 53. min.
21.	houre 4. and 20. min.	houre 7. and 40. min.
28.	houre 4. and 30. min.	houre 7. and 30. min.

New

New moone the 1. day, 27. after 9. min. of the clocke in the forenoon, ſome ſhowers of raine.

Firſt quarter the 28 day, 28. min. after 4. of the clock in the morning, faire and pleaſant.

Full moone the 15. day. 28. min. after 8. of the clock in the morning, apt for the time.

Laſt quarter the 23. day 15. min. after 9 of the clock in the forenoone, ſome overcaſting clouds.

New moon the 30. day 41. min. after 6. of the clock in the evening, hot ſoultry weather.

Julies Abſtract.

IN this moneth uſe cold hearbs & meates, abſtaine from phyſick, and now the rivers are more wholſome then the baths, let the ſun be up before you walke abroad, in the time of any peſtilence or plague, keepe your chamber windowes ſhut openining them when the ſun hath force of ſhining, and be ſure to perfume your chambers every morning with tarre upon a chafingdiſh of coales, then which nothing is better, and uſe Cardus Benedictus, boyled and drunke faſting.

May haveſt now calles ſlack husbands to worke, and ſuch as have leaſure, it is good to fallow for wheat, & to carry out ſoyle, & to gather ſeedes & flowers to keepe all the yeare, and to dry them in the ſhade, till they be almoſt dry, and then ſet them a while in the ſun, & in like manner you may uſe your hearbs.

Of Auguſt.

Day.	*The ſun riſeth.*	*The ſun ſetteth.*
1.	houre 4. and 36. min.	houre 7. and 24. min.
7.	houre 4. and 48. min.	houre 7. and 12. min.
14.	houre 5. and 0. min.	houre 7. and 0. min.
21.	houre 5. and 16. min.	houre 6. and 44. min.
28.	houre 5. and 27. min.	houre 6. and 33. min.

Firſt quarter the 6. day 8. min. after 10 of the clock in the forenoone, inclined to raine.

Full Moon the 13. day, 50. min. after 9. of the clocke at night, faire hot weather.

Laſt quarter the 21. day 34. min. after 1. of the clocke in the morning, fitting the ſeaſon.

New Moone the 29. day about 3. of the clock in the morning, ſeaſonable and temperate.

Auguſts Abſtract.

IN Auguſt, moderate dyet is good Phyſick, for now it is dangerous to ſurfit, and take heede of heates and then

of

of colds, for nothing ſooner ingendereth Plurifies, and uſe not to ſleep much, eſpecially in the afternoone, for making oppilations and for avoiding of Agues and head-ach & Catharrs, and now let a man abſtaine from phyſick except neceſsity doe compell,

Now Lady Ceres lookes to have men enough to attend her, they that would have good ſeedes for their gardens the next yeere, muſt now gather of their owne, leaſt in buying they loſe their labour and their money, and ſuch as deſire to have lettice, or other hearbs for winter, may ſow ſeedes in the increaſe of the moone.

Of September.

Day.	*The ſun riſeth:*	*The ſun ſetteth.*
1.	houre. 5. and 34. min.	houre 6. and 26. min.
7.	houre. 5. and 46. min.	houre 6. and 14. min.
14.	houre. 6. and 2. min.	houre 5. and 58. min.
21.	houre. 6. and 14. min.	houre 5. and 46. min.
28.	houre. 6. and 28. min.	houre 5. and 32. min.

Firſt quarter the 4. day, 16. after 6. of the clock in the evening, faire weather.

Full moone the 22. day, 28. min after 1. of the clock in afternoone, ſome ſtormy weather.

Laſt quarter the 20. day, 23. min. after 4. of the clock in the afternoone, inclined to raine.

New Moone the 27. day 27. min. after 11. of the clocke in the foenoone, cloudy and windy.

Septembers Abſtract.

IN this moneth ſuch as have need, may ſafely take phyſick, alſo may bath and bleede, in this moneth all things are in their proper nature and vertue, and ſuch fruits as are ripe and not infected, are good to eate for ſuch as have good ſtomacks: Time is good to make conſerve of Barbaries, and Quinces, winter hearbs may now be ſowne, likewiſe is the time to ſet Artichokes, Roſe trees, Aple trees, Murdens, ſtrawberries, violets gilliflowers; Apples are to bee gathered in the full of the moone, ſow Parſenips, and in dry weather gather your Hops; Good husbandry is ſowing Rye and Wheate, good huswifery is making of Verjuice, and plucking of Hempe.

Of October:

Day.	*The sun riseth.*	*The sun setteth:*
1.	houre 6. and 34. min.	houre 5. and 26. min.
7.	houre 6. and 46. min.	houre 5. and 14. min.
14.	houre 7. and 0. min.	houre 5. and 0. min.
21.	houre 7. and 15. min.	houre 4. and 45. min.
28.	houre 7. and 26. min.	houre 4. and 34. min.

First quarter the 4. day, 42. min. after 5. of the clock in the morning, somewhat close and cloudy.

Full moone the 12. day about 6. of the clock in the morning, answerable to the season.

Last quarter the 20. day 9. minuts after 5. of the clock in the morning, reasonable temperate.

New Moone the 26. day 45. min. after 8. of the clock at night, some fall of moysture.

Octobers Abstract

In this moneth thou mayest take Physicke and also bath, if occasion serve, use hot meates and drinkes, and use good wholsome wines to nourish good blood, and beware of taking cold, because the quartaine Ague will be apt to be taken, and such other dangerous and ill diseases.

Remove young trees, as apples, peares, plumbs, quinces, roses, &c. set peasе, parsnips, &c. good husbands needе not be hasted to sowing of wheat, set nuts, acorns, and Filberds. and doing of such good husbandry.

Of November.

Day.	*The sun riseth.*	*The sun setteth.*
1.	houre 7. and 33. min.	houre 4. and 27. min.
7.	houre 7. and 42. min.	houre 4. and 18. min.
14.	houre 7. and 52. min.	houre 4. and 8. min.
21.	houre 8. and 3. min.	houre 3. and 57. min.
28.	houre 8. and 9. min.	houre 3. and 51. min.

First quarter the 2. day, about 9. of the clocke at night, windy or frosty.

Full moone the 11. day, about 24. min. after 1. of the clock in the morning, frosty and cold.

Last quarter the 18. day 49. min. after 3. of the clock in the afternoone, fitting the season.

New moon the 25. day, 44. min. after 7. of clocke in the morning, temperate weather.

Novembers

Novembers Abstract.

IN November finish thy physick you meane to take, & so rest till March, except some great necessity doe constraine you. Use good meate, and holsome wine to nourish thy blood provide thee warme cloathing and goe dry of thy feet, or else be sure to be troubled with Rheume and Mose, besides some other inconvenience that will ensue. Beware of the hot house this moneth, and use Betony and Cinamon in drink.

In the new of the Moone, you may remove young trees as in the last moneth, and set Crabtree stockes to graft on when you please, it is good time in the wane of the moone to set peale, and beanes, and if the weather be not hard, it is good sowing of Parsenips, good making of malt, and killing of Beeves or swine.

Of December.

Day.	The sun riseth.	The sun setteth.
1.	houre 8. and 12. min.	houre 3. and 48. min.
7.	houre 8. and 14. min.	houre 3. and 46. min.
14.	houre 8. and 15. min.	houre 3. and 45. min.
21.	houre 8. and 12. min.	houre 3. and 48. min.
28.	houre 8. and 7. min.	houre 3. and 53. min.

First Quarter the 2. day, 47. min. after 3. of the clocke in the after noone, some snow or raiyne.

Full moone the 10. day, 11. min. after 7. of the clocke at night, frosty and cold.

Last quarter the 18. day 12. min. before 1. of the clock in the morning, winterly weather.

New Moone the 24. day 29. min. after 8. of the clocke at night, windy and unconstant.

Decembers Abstract.

IN this moneth of December, keepe thy body and head from cold, and eate such meates as be of a hot quality, abstaine from Physick, & let thy Kitchen be thy Apothecary, warme cloathing thy nurse merry company thy keeper and good hospitality thy exercise.

Remove trees and bushes, if the weather prove not too extreame, in the wane of the moone, set beanes, peale, and those hearbs that cannot endure the cold, cover them with straw from the frost and snow.

Soli Sapienti Deo Sola Gloria.

FINIS.